

Appendix 4: Creative Chefs CIC

=Document Control:

Version	Issue Date	Changes
1.0	NA	First Draft (BE)

Reference	6048			
Name of Organisation	Creative Chefs CIC			
Organisation Type	Registered charity – charity number 15227087			
Ward	Covers the whole of Letchworth			
Project Type	Teaching children the importance of making healthy food choices through fun cooking sessions.			
Green option considered?	/			
NHC Councillor involvement that may constitute a conflict of interest	None that we are aware of.			
Previous financial support within six years	None			
Documentation reviewed and approved*	Safeguarding	Yes	Accounts	Yes
	Demonstrates clear governance	Yes		
Total applied for	£1,951	Total project cost	£1,951	
Officer Summary				
<p>Creative Chefs CIC provide fun cooking sessions for children. During the sessions children create a healthy recipe (main meal) to take home. The funding will be used to deliver these sessions to reception children (year 1 from September) at Garden City Academy, 30 children, Icknield infant School, 90 children, and Wilbury Junior School (year 3) 72 children. These schools have been identified due to Ofsted comments and pupil premium numbers.</p> <p>Each child will receive educational information on the importance of making healthy food choices and they will have the opportunity to try seasonal vegetables in the session. The programme invites children to taste, touch and smell the ingredients as the session progresses. This instils a sense of interest in the food they eat and mindfulness while eating. The children will have fun creating a main meal alongside their peers. Each child will receive a recipe booklet to take home with more family friendly recipes for them to try at home with their family. Creative Chefs are not aware of any provider who is delivering these sessions and they can provide testimonials from the North Herts Healthy Hub who they regularly deliver sessions too. The children will learn skills they can take into adulthood encouraging them to make healthy food choices and reducing health inequalities within the local population.</p> <p>The service does not finish with the delivery of sessions. They can support families if they have any questions on budget recipes for all the family. They have been delivering these sessions throughout North Herts through the Household Support Fund via the North Herts Council and have managed these sessions independently arranging them with schools and reached more than 550 “chefs”. Without exception they have had positive feedback with many requests to return. Using seasonal affordable ingredients is both environmentally and economically more sustainable. In addition, their website will offer continued support to families with regular seasonal recipes listed. This encourages an ongoing conversation. As well as the health benefits to the families, their sessions help with the levelling up agenda in which the lesser advantaged members of our community have access to education on healthy eating on a budget. All children create side by side regardless of their economic circumstances.</p>				

*Funding will only be released on receipt and approval of all supporting documentation